



## POLICY ON CONCUSSION DETECTION & RETURN TO PLAY

All coaches will have annual training and/or discussions on concussions including how to recognize a concussion, what to do if a concussion is suspected, and when an athlete can return to play following a concussion.

Tiburón Waterpolo Club, and its affiliated coaches, recognize their role in the prevention of concussions but also recognizes the risks involved in sport. As such, the coaches and the Board of Directors will do their best to maintain the safety of its players.

When a concussion is suspected, the coach will remove the player from game play or practice and discussion will be held with the player, the players' parents, and the head coach. A decision will be made whether the player will continue to play in the game, the tournament, or the practice, depending on the players' symptoms and condition. The coaches will ALWAYS use caution and keep a player on the bench over playing them and risking further injury; even if the player insists that they want to play.

In the event of the injury occurring during an away tournament, the player's parents will be informed of the suspected injury at the earliest possible opportunity.

If the situation is urgent or emergent (loss of consciousness, head injury with vomiting, confusion), the coach and/or an assigned Tiburón representative will bring the player to the closest Emergency Room or call 911. The player's parents will be informed at the earliest possible opportunity.

Tiburón Waterpolo Club will follow the "Plan d'Action: Pour la Prevention et la Gestion des Commotions Cerebrales Liees a la Pratique D'Activites Recreatives et Sportives" as presented by the Ministère de l'Éducation, de l'Enseignement supérieur et de la Recherche du Québec

Tiburón Waterpolo Club will follow the "Guidelines for Return to Play After a Concussion" from Think First as presented by The Canadian Association of Coaches ([www.coach.ca](http://www.coach.ca))